

# ZUROLOGY

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## VASECTOMY

### **Possible Side Effects:**

- Swelling of Scrotum
- Bruising of Scrotum
- Bleeding or blood clot inside scrotum
- Blood in semen
- Infection at surgery site

### **Complications can include:**

- Fluid buildup in testicle, causing dull ache that can get worse with ejaculation
- Immune response to leaking sperm causing inflammation around testicle (sperm granuloma)
- Pregnancy in rare event (semen analysis 3 months after vasectomy will verify that no sperm is present)

### **Before Surgery**

- Stop aspirin or any other blood thinners one week before surgery
- Shower and wash genital area thoroughly. Shave the area of surgery area
- Take medication (given to you by the office) to relax you 30 minutes to 1 hour before surgery

### **What to expect**

- Exam of scrotum
- Numbing of surgical area
- Small incision in upper part of scrotum after being numb
- Withdraw the Vas Deferens, tie them seal them with heat and clip them
- Time of procedure is approximately 20-30 minutes.

### **After Surgery**

- Support scrotum with tight fitting underwear for at least 48 hours after surgery
- Use ice periodically for swelling and pain for the three days after surgery
- Rest for 24 hours after surgery
- Light activity for 2-3 days after surgery. Avoid sports or any lifting for approximately 1 week
- No aspirin for 3-7 days after surgery
- Avoid sexual activity for 1 week. If you do ejaculate you may notice blood in semen 3-4 days after surgery
- **Contact the office right away if you have signs of infection such as;**
  - **Pus or blood oozing from surgery site**
  - **Fever or Worsening of pain or swelling**